

Dear Colleague,

We are pleased to inform you that you have been selected for participation in the DSM-5 Field Trials in Routine Clinical Practice. This is an exciting time for the mental health community, and we are most delighted to have your participation in this unique opportunity.

These field trials are designed to assess the utility and feasibility of newly drafted diagnostic criteria for individual practitioners and clinicians in routine clinical practice settings. Also being studied is the clinical utility, feasibility, and sensitivity to change of the cross-cutting and diagnostic-specific severity measures. More than 600 global experts in the field of mental health have spent the past 10 years revising and developing criteria for diagnoses that not only reflect new advances in the science and conceptualization of mental disorders but also reflect the needs of our patients.

Please do not begin recruiting patients/clients until after your DSM-5 Field Trials training has been completed. We will be contacting you within a few weeks with more information on training materials for the DSM-5 Field Trials. If you have any questions, please call Lisa Countis at 1-800-713-7123 or send an e-mail to [aparesearch@psych.org](mailto:aparesearch@psych.org).

Thank you for volunteering your time for this important study.

Sincerely,  
David J. Kupfer, M.D.,  
Chair, DSM-5 Task Force

Darrel A. Regier, M.D., M.P.H.  
Vice Chair, DSM-5 Task Force

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This message was sent to [info@psicologiazaragoza.es](mailto:info@psicologiazaragoza.es) from American Psychiatric Institute for Research and Education, Arlington, VA 22209.